

# ORTHOMOLECULAR HEALTH-MEDICINE

OHM--2698 Pacific Ave, San Francisco, CA 94115 TEL (415) 922-6462 FAX (415) 346-2519  
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16th ANNUAL SCIENTIFIC PROGRAM

February 26, 27, 28, 2010

## THE BRAIN – GUT CONNECTION

**50 years of Advances in Medicine**

Category 1 CME 16 hours (pending)

OUR FACULTY are among the most experienced orthomolecular healers on Earth, innovating with Megavitamins in the 70s, Antioxidants in the 80s, Rheology and Methylation in the 90s and now addressing the gut-brain-cytokine-hormonal interfaces that provide new understanding of health and disease and new opportunities for treatments. We invite our colleagues in all areas of medical practice to join with us in the use of Nutrition, Detoxification and Anti-Aging therapies that support the biochemistry and physiology of Health, Healing and Adaptation.

<b>FRIDAY February 26 2010</b>		
9:00	OHM: Progress From Megavitamins To Methylation	<b>Richard A. Kunin, MD</b>
10:00	Nutrient Therapies For Gut, Inflammation and Mood	<b>Michael Schachter, MD</b>
11:00	Methyl Support Effective for Chronic Fatigue. A Controlled Study.	<b>Neil Nathan, MD</b>
12:00	<b>RECEPTION AND EXHIBITS</b>	
2:00	Myelin Repair: A Critical Link Between Gut and Brain	<b>Barry M. Shane, PhD</b>
3:00	<b>EXHIBITS</b>	
4:00	Drugs That Destroy Nutrients	<b>Hyla Cass, MD</b>
5:00	Nutrient Therapies for Brain Disease	<b>PANEL</b>
<b>SATURDAY February 27, 2010</b>		
9:00	Abram Hoffer's Legacy for Psychiatry and Medicine	<b>Brad Weeks, MD</b>
10:00:	<b>EXHIBITS</b>	
11:00	Brain-Gut and Internal Environment	<b>William Stuppy, MD</b>
12:00	External Environment: Effects on the Brain	<b>Tamara Smith, ND</b>
1:00	<b>Lunch on your own</b>	
2:00	Oxidative medicine: Beyond Megavitamins:	<b>Frank Shallenberger, MD</b>
3:00	<b>EXHIBITS</b>	
4:00	State of the Gut: DNA Diagnosis Is Here!	<b>Richard Lord, PhD</b>
5:00	Hepatic and Digestive Detoxification	<b>PANEL</b>
<b>SUNDAY February 28, 2010</b>		
9:00	Lipids, Lipoproteins and Health Risk Diagnosis	<b>Jan M. Troup, PhD</b>
10:00	<b>EXHIBITS</b>	
11:00:	Treatment of Chronic Neuropathic Pain Using Coherent Infrared Light	<b>Harry Pollett, MD</b>
12:00	Frequency Specific Micro-current Therapy	<b>Carol McMakin, DC</b>
1:00:	Quo Vadis: Orthomolecular Medicine.	<b>PANEL</b>
2:00:	<b>END</b>	

**Location:** Holiday Inn Hotel - 1500 Van Ness (at Pine), SF 94109

**HOTEL Reservations:** 415-441-4000 (reduced rate until 30 January 2010: \$95-up)

**OHM REGISTRATION:** TEL 415-922-6462 or FAX 415-346-2519

**OHM members \$350; non-members \$450.** After Feb 1 add \$50. Single day \$150

**Full-time Students (with ID)\$200 Retired professionals \$300. CME Certificate \$50**

**Public day rate \$150.**

Join us as we enter the 16<sup>th</sup> year of Health Medicine and salute the memory and the achievements of the late Abram Hoffer, MD.

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